

## Dance Syllabus For Classes VI - IX

Month	Chapter Name	Content	Goal	Learning Activity	Teaching Strategy (NEP)	Assessment Activity
<b>Oct</b>	Introduction to Kathak, Sattriya & Western Dance	Kathak: Basic footwork (Tatkar), spins (Chakkar) Sattriya: Basic footwork, hand mudras Western: Freestyle basic steps, claps, simple spins	Introduce fundamentals of all dance forms	Practice basic steps, spins, and mudras	Experiential learning, focus on rhythm & coordination	Observe practice of steps, spins, and mudras
<b>Nov</b>	Footwork, Mudra & Step-Turn Combinations	Kathak: Footwork & spins with rhythm (Teen Taal) Sattriya: Footwork & mudras in short sequences Western: Step-turn combos with 4/4 rhythm	Develop synchronization of feet, hands & rhythm	Practice short sequences with rhythm	Active, collaborative learning, focus on synchronization	Observe synchronization of footwork, mudras, rhythm
<b>Dec</b>	Storytelling & Expression (All Dance Forms)	Kathak: Abhinaya (expressive storytelling) Sattriya: Facial expressions with movements Western: Expressive moves using body language & gestures	Enhance expressive & creative abilities	Storytelling through dance, gestures & expressions	Creative, reflective learning, encourage self-expression	Observe ability to show expression & movement clarity
<b>Jan</b>	Choreography & Group Rehearsals (All Dance Forms)	Kathak: Full choreography (timing & flow) Sattriya: Choreography with mudras & footwork Western: Group formations & choreographed routines	Refine choreography, teamwork & stage presence	Full rehearsals of group sequences	Peer learning, collaboration & reflective practice	Evaluate synchronization, confidence & stage presence
<b>Feb</b>	Final Performance Preparation (All Dance Forms)	Kathak: Full-length practice Sattriya: Full-length practice Western: Final group choreography with transitions	Build confidence & prepare for final performance	Practice entry/exit, formations, audience engagement	Experiential learning through continuous rehearsal	Final assessment of readiness, stage presence & teamwork